

"The Lord is good, a refuge in times of trouble. He cares for those who trust him."

Nahum 1:7 NIV



"Then Jesus told his disciples a parable to show them that they should always pray and not give up."

Luke 18:1 NIV



"He gives strength to the weary and increases the power of the weak."

Isaiah 40:29



"My dear (sisters), take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires."

James 1:19-10 NIV



"So, take a new grip with your tired hands and stand firm on your shaky legs. Mark out a straight path for your feet. Then, those who follow you, though they are weak and lame, will not stumble and fall but will become strong."

Hebrews 12:12-13 NLT



"A gentle answer turns away wrath but a harsh word stirs up anger."

Proverbs 15:1 NIV



"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up!"

Ecclesiastes 4:9-10 NIV



"'For I know the plans I have for you' declares the Lord, 'Plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.'"

Jeremiah 29:11-13 NIV

